



ADHD CLINIC FOR ADULTS

PRE ASSESSMENT

30-minute consultation with our nurse to complete screening questionnaires and obtain a comprehensive clinical history.

ASSESSMENT

30-minute specialist GP appointment for ADHD assessment, following current clinical guidelines.

MEDICATION

If ADHD is diagnosed, a follow-up 30-minute appointment will be arranged to discuss and initiate treatment.

FOLLOW UP

Includes one review appointment. Care then returns to your usual GP/NP.

Optional ADHD behavioural support available.